Ups and Downs - Answer Sheet © Football Teasers 2025

10 Questions (39 answers) - 13/05/2022

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- 1. Which manager was promoted to the Premier League through the play-offs in 2010 and 2013? Also name the clubs he was promoted with.
 - 1. Ian Holloway
 - 2. Blackpool
 - 3. Crystal Palace
- 2. Which player who won 23 England caps was a Championship play-off winner in 2008?
 - 1. Nick Barmby
- 3. Which club were relegated from the Premier League in 1994 and League One in 2006?
 - 1. Swindon Town
- 4. Which manager was relegated from the Premier League in 1994, 1999 and 2001? Also, name the clubs he was relegated with.
 - 1. Dave Bassett
 - 2. Sheffield United
 - 3. Nottingham Forest
 - 4. Leicester City
- 5. Name the club which lost the Championship play-off in the following years... 2010, 2012, 2014, 2016 & 2018.
 - 1. Cardiff City
 - 2. Blackpool
 - 3. Derby County
 - 4. Sheffield Wednesday
 - 5. Aston Villa
- 6. Which club who would go onto win the Premier League was involved in the Championship play-off final in 1992, 1993, 1994 and 1996?
 - 1. Leicester City
- 7. 'sad and swine' Scored the winner in the Championship play-off final in 2008. Identify the player from the anagram.
 - 1. Dean Windass

- 8. Which two future Everton managers competed against each other in the 2001 Championship play-off final?
 - 1. David Moyes
 - 2. Sam Allardyce
- 9. Between 2000 and 2021, 18 clubs won the League One play-off final. Name them.
 - 1. Barnsley
 - 2. Blackpool
 - 3. Brighton & Hove Albion
 - 4. Cardiff City
 - 5. Charlton Athletic
 - 6. Doncaster Rovers
 - 7. Gillingham
 - 8. Huddersfield Town
 - 9. Millwall
 - 10. Peterborough United
 - 11. Preston North End
 - 12. Rotherham United
 - 13. Scunthorpe United
 - 14. Sheffield Wednesday
 - 15. Stoke City
 - 16. Walsall
 - 17. Wycombe Wanderers
 - 18. Yeovil Town
- 10. Which manager was relegated from the Premier League in both 2010 and 2011? Also, name the clubs he was relegated with.
 - 1. Avram Grant
 - 2. Portsmouth
 - 3. West Ham United