

**Ups and Downs - Answer Sheet**  
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10 Questions (39 answers) - 13/05/2022

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1. Which manager was promoted to the Premier League through the play-offs in 2010 and 2013? Also name the clubs he was promoted with.
  1. Ian Holloway
  2. Blackpool
  3. Crystal Palace
2. Which player who won 23 England caps was a Championship play-off winner in 2008?
  1. Nick Barmby
3. Which club were relegated from the Premier League in 1994 and League One in 2006?
  1. Swindon Town
4. Which manager was relegated from the Premier League in 1994, 1999 and 2001? Also, name the clubs he was relegated with.
  1. Dave Bassett
  2. Sheffield United
  3. Nottingham Forest
  4. Leicester City
5. Name the club which lost the Championship play-off in the following years... 2010, 2012, 2014, 2016 & 2018.
  1. Cardiff City
  2. Blackpool
  3. Derby County
  4. Sheffield Wednesday
  5. Aston Villa
6. Which club who would go onto win the Premier League was involved in the Championship play-off final in 1992, 1993, 1994 and 1996?
  1. Leicester City
7. 'sad and swine' - Scored the winner in the Championship play-off final in 2008. Identify the player from the anagram.
  1. Dean Windass

8. Which two future Everton managers competed against each other in the 2001 Championship play-off final?

1. David Moyes
2. Sam Allardyce

9. Between 2000 and 2021, 18 clubs won the League One play-off final. Name them.

1. Barnsley
2. Blackpool
3. Brighton & Hove Albion
4. Cardiff City
5. Charlton Athletic
6. Doncaster Rovers
7. Gillingham
8. Huddersfield Town
9. Millwall
10. Peterborough United
11. Preston North End
12. Rotherham United
13. Scunthorpe United
14. Sheffield Wednesday
15. Stoke City
16. Walsall
17. Wycombe Wanderers
18. Yeovil Town

10. Which manager was relegated from the Premier League in both 2010 and 2011? Also, name the clubs he was relegated with.

1. Avram Grant
2. Portsmouth
3. West Ham United