

**Ups and Downs - Question Sheet**  
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10 Questions (39 answers) - 13/05/2022

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1. Which manager was promoted to the Premier League through the play-offs in 2010 and 2013? Also name the clubs he was promoted with.
2. Which player who won 23 England caps was a Championship play-off winner in 2008?
3. Which club were relegated from the Premier League in 1994 and League One in 2006?
4. Which manager was relegated from the Premier League in 1994, 1999 and 2001? Also, name the clubs he was relegated with.
5. Name the club which lost the Championship play-off in the following years... 2010, 2012, 2014, 2016 & 2018.
6. Which club who would go onto win the Premier League was involved in the Championship play-off final in 1992, 1993, 1994 and 1996?
7. 'sad and swine' - Scored the winner in the Championship play-off final in 2008. Identify the player from the anagram.
8. Which two future Everton managers competed against each other in the 2001 Championship play-off final?
9. Between 2000 and 2021, 18 clubs won the League One play-off final. Name them.
10. Which manager was relegated from the Premier League in both 2010 and 2011? Also, name the clubs he was relegated with.